



Tibetan Guide

M I M A D H O N D U P

Winter Special Tour EVEREST NORTH FACE BASE CAMP

Tashi delek! Tibetan Guide Travel Tours is a small travel agency based in Lhasa. We always work hard and take responsible for our clients by using local services as much as possible. Of course we use Tibetan drivers and tour guides. Who are experienced, have rich knowledge about Tibetan culture and also excellent attitude. We are confident that you would not be disappointed if you choose our services letting us show you our mother land.

Proposed itinerary

Day 1: Lhasa arrival [3650m]

Upon arrival in Lhasa you will be welcomed by your English-speaking Tibetan Guide and Tibetan Driver who will bring you to your hotel. Acclimatization to high altitude: please, drink lots of water and take plenty of rest in order to minimize altitude sickness.

Overnight at Shambhala Palace or House of Shambhala Hotel, which is a Tibetan style hotel located in Lhasa city center (Barkhor)

Day 2: Lhasa sightseeing

We begin visiting Jokhang Temple, the most sacred monastery in Tibet. It was founded in the 7th century by the first great Buddhist king Songtsen Gampo. Later you can explore the surrounding Barkhor old quarter and spend time walking around Jokhang Temple following pilgrims from all over the Tibetan plateau. In the afternoon we go to Sera Monastery, one of three great universities of Gelugpa Sect. We will attend the debating session of the monks.

Overnight at Shambhala Palace or House of Shambhala Hotel

Day 3: Lhasa sightseeing

Today we visit the beautiful Potala and Norbulingka Palaces. Potala winter palace was built in the 17th century by the fifth Dalai Lama. Provides amazing views of the entire city and houses the private quarters of the Dalai Lama, numerous grand state rooms and chapels. Norbulingka Palace is the summer palace of the Dalai Lama, built in the 18th century by the seventh Dalai Lama. It's tradition to do picnic in its beautiful garden and perform opera dances during Shoton Festival (August-September).

Overnight at Shambhala Palace or House of Shambhala Hotel



Day 4: Lhasa – Shigatse [354Km, 3840m]

Adventure starts: we drive West to reach second largest city in Tibet. First we cross Kampa-la Pass [4797m] and then Karo-la Pass [5050m], where Mt. Noiijin Kangsang [7206m] glacier lies near the road. In the middle, we enjoy the unreal turquoise waters of holy lake Yamdrok-Tso. Then we stop in Gyantse town, where we visit the considered best tibetan art paintings in Kumbum Stupa inside Pelkor Chode Monastery. Also from here, we admire the majestic Gyantse Dzong (fortress) overlooking the valley. Finally, we reach Shigatse before dinner.

Overnight at Gesar Hotel

Day 5: Shigatse – Sakya – New Tingri [280Km, 4300m]

The journey to New Tingri involves crossing the high pass of Gyatso La [5220m] and the opportunity to view Mt. Everest and the Himalayas for the first time. Before, we visit Sakya Monastery which is the principal seat of Sakyapa Sect founded in 1073 and one of four major Schools of Tibetan Buddhism. Its powerful abbots governed Tibet during the whole of the 13th century until they were eclipsed by the rise of the Gelukpa Sect. Its Mongolian architecture is different from that of temples we seen before.

Overnight at Roof of the World Grand Hotel

Day 6: Mt. Everest North Face day trip [240Km, 5200m, overnight at 4300m]

Exciting day today: early morning we continue driving towards Rongbuk Monastery –located at the foot of the Everest and the highest monastery in the world– to reach one of the major highlights of our trip, near Mt. Everest North Face Base Camp [5200m]. During the journey we enjoy amazing views of several peaks like Makalu, Lhotse, Cho Oyu, and Mount Everest from the top of the Pang-la pass [5150m]. Since 2018 tourist are not allowed to visit EBC used by climbing expeditions. After spending some time at the base of Mt. Everest we visit Rongbuk Monastery and then drive back to our hotel in New Tingri.

Overnight at Roof of the World Grand Hotel.

Note: Some groups might prefer to overnight at Rongbuk guesthouses or Basum village. You can decide once your tour has started, but all members of the group must agree before making any change in the original itinerary. Please, have in mind temperatures would be extremely cold and there is no heating system there.

Day 7: New Tingri – Shigatse [230Km, 3840m]

Today begins the end of your tibetan journey through the most sacred Buddhist monasteries and greatest mountains on earth. We go back to Shigatse where you can spend some free time in the city. You can visit the local market for some shopping or just enjoy the atmosphere of the ancient tibetan quarter with a cup of butter tea. We recommend to do Kora around Tashilhunpo Monastery.

Overnight at Gesar Hotel

Day 8: Shigatse – Lhasa [272Km, 3650m]

As early as possible, we visit Tashilhunpo Monastery, built in the 15th century by the first Dalai Lama. Nowadays seat of the Panchen Lama. After we finish visits go back to Lhasa. Our last day of our tibetan traverse goes along the Yarlung Tsampo (Brahmaputra) River. This is the most direct route to Lhasa and part of the Friendship Highway.

Overnight at Shambhala Palace or House of Shambhala Hotel

Day 9: Tibet departure

Enjoy your last hours in Tibet exploring Lhasa by your own until your guide and driver meet you at the hotel to transfer you to the airport. **End of our services.**



Please, contact us for further information about any available extension of your trip.

PRICE: 900 US Dollar per person.

Group size: Min 4 people / Max 12 people.

Discounted price of 900USD per person from November 1st to April 20th.
– Single room occupancy supplement (Lhasa-Shigatse-New Tingri): 230USD.

When group members arrive or leave separately, then extra fee applies per journey:
Airport transfer: 300 Yuan. Train station transfer: 150 Yuan.

Please, check [upcoming departures](#) or let us know your trip dates if looking for travel partners.

Day 1: Lhasa arrival [3650m]

Days 2-3: Lhasa sightseeing

Day 4: Lhasa – Shigatse [354Km, 3840m]

Day 5: Shigatse – Sakya – New Tingri [280Km, 4300m]

Day 6: Everest Base Camp day trip [240Km, 4300m]

Day 7: New Tingri – Shigatse [230Km, 3840m]

Day 8: Shigatse – Lhasa [272Km, 3650m]

Day 9: Tibet departure

Included

- All necessary travel permits in Tibet.
- All entrance fees as described in the itinerary above.
- Experienced Tibetan guide in Tibet (English language).
- Transportation in Tibet (Airport / train station group pick up & drop off).
- Vehicle fuel, tools and vehicle repairs (if necessary).
- Driver and guide's food and accommodation.
- Accommodation in shared room basis. We will arrange for you as we mentioned in the itinerary. Double room with bathroom and breakfast are included when you stay in Lhasa, Shigatse and New Tingri hotels. At Mt. Everest guesthouses (dorm bed, no shower) with breakfast. If House of Shambhala is closed, we will provide accommodation at Kyichu Hotel.
In Lhasa, Shambhala Palace, House of Shambhala or Kyichu Hotel 3*** (Barkhor)
In Shigatse, Gesar Hotel 4***
In New Tingri, Roof of the World Grand Hotel 3***

Not included

- China VISA
- Plane or train tickets in or out of Tibet.
- Meals, drinks and any other personal expenses
- Extra expenses incurred due to unexpected natural events (delays, road washouts, snowfall...)
- Tips to guides and driver, but this totally depends on you.

By joining this tour, you agree to our booking conditions, terms and policies



VISA & Tibet travel permits

Due to the current regulation, you need a special permit to visit Tibet Autonomous Region. The only thing you need to worry about is sending us clear scan of your travel documents **25-30 days in advance**. We will do the rest.

Application process depends on your entry point:

From mainland CHINA

We need clear scan copy of your passport and visa. If you do not hold a tourist visa (L), additional documents are required. Please, contact us for further information.

If you are entering Tibet by plane from mainland China, you will need the original permit. We will sent it to any address in China that you wish, be it your hotel, a friend's house or any International Airport where you connect with your Lhasa flight (additional fee apply for airport delivery). If you are arriving by train, you will only need a photocopy of the permit.

From NEPAL

We need clear scan copy of your passport.

If you want to enter Tibet from Nepal, chinese visa must be applied in Nepal. You must be sure about your itinerary as your visa will only permit you to stay for this set number of days. It cannot be extended later on when you are in Tibet. The visa that you will get is a group visa for all the people on the tour and it cannot be separated.

When we have a photocopy of your passport and itinerary, we will send a visa application to the chinese embassy in Nepal. Once you arrive to Kathmandu, our partner travel agency at Nepal will go to the chinese embassy to get the visa with your original passport.

Bear in mind that the we need at least three working days to be able to get you visa and it costs 150 USD for non-USA passport holders (240USD for USA, Argentina, Brazil, Canada, Romania & some other countries).

We can help with any services you might need in Nepal. Please, contact us.

Please, confirm the latest requirements with us before your booking confirmation.